



F.I.R.S.T.
C L I N I C

FAMILY INTERVENTION RESPONSE TO STOP TRAUMA

Family Intervention Response to
Stop Trauma

WHO DOES THE FIRST CLINIC SERVE?

Any pregnant or new mother who is facing CPS involvement and the potential of their baby being removed from them due to concerns of current or historical substance use.

The F.I.R.S.T. Clinic's team works to prevent the filing of a dependency matter in superior court and focuses on family-centered solutions that promote bonding and healthy attachment.

Our work with a F.I.R.S.T. Clinic client ends upon the successful resolution of CPS involvement through voluntary services, a voluntary placement agreement or the filing of a dependency petition in court by CPS.

PTSD AMONG FOSTER CARE ALUMNI IS TWICE THAT OF U.S. COMBAT WAR VETERANS

More than half (54.4%) have clinical levels of mental health issues, such as depression, social phobia, panic syndrome and anxiety. (LCYC Center for Children and Youth Justice)

The rate of white children and youth entering foster care is declining while the rate of Black, Latino and Native American children is increasing making it all the more important that upstream, preventative solutions are provided to families before they are potentially caught up in systems which disproportionally impact them.

STOPPING INFANT TRAUMA IS OUR FOCUS. WE WORK TO HELP KEEP MOM AND BABY SAFELY TOGETHER

The FIRST Clinic multidisciplinary team acts as a “first responder” to a family in need and consists of an experienced parent’s representation attorney and a veteran parent ally (a parent who has successfully navigated CPS involvement and now coaches others)

The FIRST Clinic team’s average response time from referral to speaking with a mother is under 20 minutes. We have attended and helped assist parents with family team decision making meetings and CPS meetings with as little as 2 minutes of notice.

The FIRST Clinic team works to help expedite the process of obtaining a drug and alcohol evaluation and treatment, housing and whatever other resources may be needed to help keep mother and baby together.

WHO CAN REFER CLIENTS TO THE F.I.R.S.T. CLINIC?

EVERYONE and ANYONE!

We have received referrals from DCYF, word of mouth, local service providers, housing resource navigators, embedded law enforcement social workers, hospital social workers, family members and attorneys.

HOW DO WE KNOW THIS WORKS?

Because we've already been doing it for families that have financial means for a very long time.

Economic or geographic disparities shouldn't allow one set of families to resolve issues internally with treatment options at their disposal while other families face court involvement and removal of baby from family and placement into foster care...yet this often occurs.

“JUSTICE BY GEOGRAPHY”





F.I.R.S.T.
CLINIC
FAMILY INTERVENTION RESPONSE TO STOP TRAUMA

**Are you at risk of
losing your baby
because of drugs
or alcohol?**

Let us help

We Help Pregnant Moms:

- Interact with state agencies
- Develop safety plans for in-home care
- Find supportive resources

**Our team of legal advisors
are safe and supportive**

If you have any questions, please email or call!



425.953.5699



firstcliniclegalteam@gmail.com

Our services are FREE of charge

- We are bound by confidentiality
- We CANNOT share your story with anyone
- We WILL connect you with recovery resources and support



Affiliated with Pacific Treatment Alternatives

Contact us soon, so we can help you keep your baby!

BABIES IN THE RIVER



**“THE OPPOSITE OF
ADDICTION IS NOT
SOBRIETY – IT IS
HUMAN CONNECTION”
- DR. MICHAEL ASCHER**



OUR F.I.R.S.T. CLINIC COMMUNITY PARTNERS

- * DCYF Department of Youth Children and Families
- * Washington Chapter of the American Academy of Pediatrics
- * Providence Women and Children's Pavilion
- * Casey Family Programs
- * Office of Public Defense
- * Homeward House
- * Washington State University School of Medicine
- * Swedish Hospital CUPPS Program