# I. SCREENING TOOL

# **Initial Conversation:**

- Explain the purpose of asking these questions: trying to get as much info as possible about potential issues, ways we can assist client
- Remind client info is covered by attorney-client confidentiality
- All questions are voluntary

# **Living Situation**

Tell me about your current living situation.

- 1. Do you have a reliable place to stay?
- 2. Who do you live with?
- 3. Do you feel safe?
- 4. Does your child have his/her own space?

# Family

Tell me about your family.

- 1. What are some strengths?
- 2. What are some concerns?

# **Foster Care System Involvement**

1. Have you ever been involved with the foster care system, how?

# FIRST CALL FOR FAMILIES INTAKE ASSESSMENT & SELF-SUFFICIENCY MATRIX Child Care

- 1. Tell me about your childcare situation generally.
- 2. Who takes care of your child when you are working/receiving services?
  - a. Are they reliable?
- 3. Do you feel that you have access to adequate childcare?

#### **Domestic Violence**

- 1. Have you ever accused of perpetrating domestic violence?
- 2. Have you ever been the victim of DV?
  - a. If yes, tell me more.
  - b. Do you have a safety plan in place?
- 3. Are you worried for your/your child's safety?
  - a. If yes, tell me more

### **Justice Involvement**

- 1. Have you ever gotten in trouble with the law?
  - a. If so, when? Current criminal case?
- 2. Do you have any criminal records that you need to have cleared / expunged?

# Immigration

1. Do you need any information about immigration services?

# **Mental Health**

- 1. Have you ever seen a counselor? Psychiatrist?
  - a. If yes, are you currently seeing a counselor/psychiatrist?
  - b. When was the last time you spoke to your counselor/psychiatrist?
  - c. Did they put you on medication?
  - d. Are you currently taking medication?i. For what?
  - e. Do you have problems sleeping?
  - f. Have you ever had a difficult time controlling your thoughts?

# FIRST CALL FOR FAMILIES INTAKE ASSESSMENT & SELF-SUFFICIENCY MATRIX II. SELF SUFFICIENCY MATRIX

	Domain	1 (in crisis)	2 (vulnerable)	3 (safe)	4 (building capacity)	5 (thriving/ empowered)	Unable to Assess
1.	Housing	1	2	3	4	5	UA
2.	Employment	1	2	3	4	5	UA
3.	Mobility	1	2	3	4	5	UA
4.	Life Skills	1	2	3	4	5	UA
5.	Family / Social Relations	1	2	3	4	5	UA
6.	Community Involvement	1	2	3	4	5	UA
7.	Parenting Skills	1	2	3	4	5	UA
8.	Legal	1	2	3	4	5	UA
9.	Substance Abuse	1	2	3	4	5	UA

# Employment

- 1. Tell me about your current employment status
  - a. Full-time, Part time, Unemployed
- 2. Do you have enough pay to live?
- 3. Do you have benefits?
- 4. Would you like additional support in this area?

# Mobility

- 1. How do you get around?
- 2. Do you have access to consistent and reliable transportation?

# Life Skills

- 1. Do you have trouble meeting the basic demands on life due to stress or other reasons (food, hygiene, every day activities?)
- 2. How do you cope with stress or anger?

# Substance Abuse

1. Tell me about the drugs you have used.

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Type of Drug	How often at time of involvement with Dependency/Criminal (daily, weekly, etc.)	How much?	Most ever?	Last use (date or about how long ago)?			

- 2. How likely are you to quit using?
  - a. Never used
  - b. Highly likely

FIRST CALL FOR FAMILIES INTAKE ASSESSMENT & SELF-SUFFICIENCY MATRIX

- c. Likely
- d. Unlikelye. Highly unlikely
- 3. Are you currently enrolled in treatment?4. Do you have a sponsor?
- 5. Would you like additional support here?

### FIRST CALL FOR FAMILIES INTAKE ASSESSMENT & SELF-SUFFICIENCY MATRIX

#### 4 (building 5 (thriving/ Domain 1 (in crisis) 2 (vulnerable) 3 (safe) capacity) empowered) In transitional or temporary In stable subsidized In stable housing that is safe, Unsubsidized household housing that is safe Housing Homeless housing; housing payment but is not adequate is safe and adequate. is unaffordable and adequate. Employed full Employed full time, but Temporary; part-time, time. Enough pay Maintains permanent No job inadequate pay to live Few or Employment seasonal; or not enough to live, and/or employment. no benefits. pay to live benefits. Transportation is available, No access to Transportation is available but unreliable, Transportation is Transportation is readily transportation, and reliable, but limited unpredictable, generally accessible available and affordable; Mobility public or private; and/or inconvenient; drivers unaffordable; may have to meet basic car is adequately are licensed and minimally may have car that is care but no insurance, travel needs. insured inoperable. insured. license, etc. Unable to meet Meets all basic Provides beyond basic basic needs such as: In need of assistance for Very minimal assistance to Life Skills needs of daily living needs of daily living for hygiene, food, some daily living activities meet daily living activities. without assistance. self and family. everyday activities Limited Support from family Minimal support from family Lack of support from Strong support Has healthy / expanding Family / or friends; or family or or friends. family and/or from family or Social friends lack the ability/skills Family or friends are learning support and good friends. friends. Relations to help. to communicate and communication. support. Some community Willing to be involved in the Socially isolated; no social involvement, but Not applicable due Community community, but is lacking Actively involved in skills; lacks motivation to has barriers such as Involvement to crisis. skills or not aware of community. become involved. transportation or available opportunities. childcare. Safety concerns Parenting skills are evident, Parenting Parenting skills are Parenting skills are well regarding parenting Parenting skills are minimal. but continuous growth is Skills adequate. developed. recommended. skills. A legal issue that may There is no current There have been no Legal issue that jeopardize stability in the A legal issue exists that needs legal issue pending legal issues that would poses an imminent near future (e.g., current to be resolved but does not that would impact family stability threat to family criminal charges; imminently threaten the jeopardize family for 6 months nor are stability (e.g., current noncompliance with stability of family (e.g., on stability (e.g., there any legal issues outstanding arrest probation or parole; 30probation but in compliance; successfully that would impact Legal warrants; pending day notice of action that public benefit overpayment completed family stability for the eviction that has may lead to loss of notice; past eviction on probation in past 6 foreseeable future. (no been filed in court; housing; threatened record; criminal history that months; no new active criminal justice primary family termination of MediCal, could be eligible for involvement in more criminal charges member pending food stamps, SSI, expungement; custody filed; resolved past than 6 months; no civil deportation) CalWORKs, or other public dispute). housing issues) legal issues pending) benefit) Meets criteria for Meets criteria for severe abuse/ dependence: Use within last 6 months; Client has used dependence; • Preoccupation with use evidence of occupational, during last 6 resulting problems or obtaining substances emotional or physical Substance months, but no No drug use/alcohol are severe so that • Withdrawal problems (such as disruptive Abuse evidence of abuse in last 6 months. require institutional • Behaviors demonstrate behavior or housing recurrent problems) have persisted for living or avoiding withdrawals dangerous use. hospitalization may · Use results in neglect of at least one month. be needed. essential life activities.

#### REFERENCE SHEET: Definitions for rating self-sufficiency in each domain

# III. SUPPORTS

I would like information or assistance with: (check all that apply)

Parenting classes	Child custody or visitation
Housing	Divorce
Employment	Obtaining a restraining order
Educational resources for myself or	Domestic violence services
child	
Transportation	Healthcare
Emergency services (food, clothing,	Creating a safety plan for my child(ren) if I
shelter)	am unable to care for them
Substance Abuse treatment	Establishing a legal guardianship
Finding NA/AA meetings	Childcare
Finding a NA/AA sponsor	Signing up for public assistance or benefits
Sober leisure activities	Immigration
Relapse prevention	Other:
Mental Health/ Psychiatry	
Counseling	

Completed by:\_\_\_\_\_

Date:\_\_\_\_\_